

Happify Connect™

Simplifying the Mental Health Ecosystem

happify™
HEALTH

Despite many efforts, navigating the healthcare ecosystem is complicated. Happify Connect™ simplifies how your employees access key mental health resources that are available to them. An integrated function with the Happify platform, Happify Connect™ is a dynamic screening and referral tool that works across the continuum of mental needs and care modalities. Through validated assessments and customized protocols, Happify Connect™ screens users and then, based on their score, guides them to the right level of care including self-care tools on the Happify platform and higher-touch care like telehealth. Employees have access to resources in a single place and quickly access the care they need through Happify Connect™.

Why It Matters - Today's Challenges



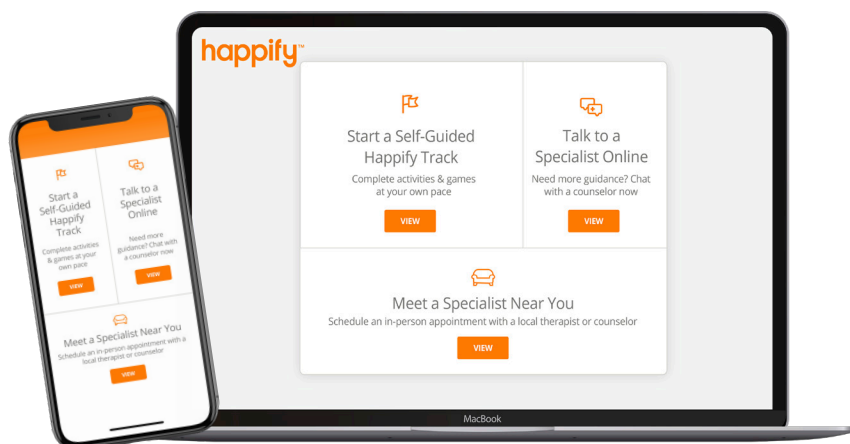
1 in 4 adults in the U.S. have a mental health condition¹



The current healthcare ecosystem is complex, fragmented and full of barriers



Over 70% of workers with a mental health condition never seek care¹

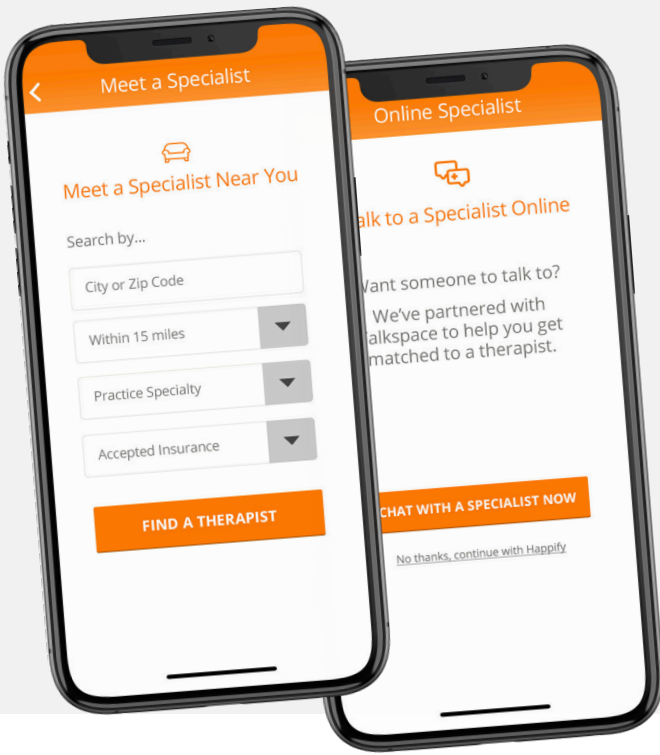


EASY FOR EMPLOYEES

- A personalized experience that meets employees where they are
- Addresses the demands of employees in real-time who may be unaware of their mental health needs and would otherwise go unmet
- Adds privacy and removes stigma
- Continuously re-assesses needs based on validated assessment

A SIMPLIFIED APPROACH FOR EMPLOYERS

- Drives higher utilization of appropriate "In-network" resources
- Improves employee satisfaction and appreciation of benefits
- Meets immediate needs of your employees
- Trusted solution based in science with proven, published results



Open API and flexible integration capabilities that allows Happify to connect with partners anywhere.

Custom protocols and algorithms built in collaboration with the employer to determine when, where and how to direct care.



Access to the complete catalog of Happify self-care tools including



65+
Tracks



3000+
Activities



300+
Guided Meditations



Happify
Daily



Happify
Community

1. <https://www.cdc.gov/workplacehealthpromotion/tools-resources/pdfs/issue-brief-no-2-mental-health-and-chronic-disease.pdf>

Happify is to be used with, not as a replacement for, professional health care and medical services. We do not diagnose, treat or cure diseases or mental health problems or conditions. Happify should never be used as a substitute for the advice of a licensed health care provider or medical professional.

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